



1,2,3 ASSIETTES À COMPOSER

ADAM & EVE 13,90€
2 flavors + 1 side

PARADIS TERRESTRE 15,90€
3 flavors + 1 side

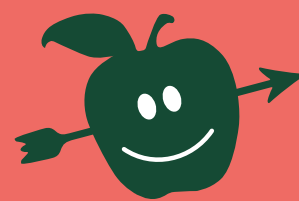
PARADIS DU PARADIS 45,00€
TO SHARE !
Giant platter with our best flavours*
GREAT FOR 2 ENOUGH FOR 3

BLINIS OR PITA : +0.80€

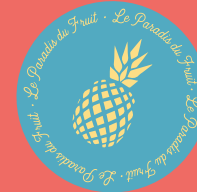
+ ONE FLAVOR ? : +2.60€

YOUR FLAVOURS

1. Crispy camember with sesame
2. Tuna cream, preserved lemon, blinis
3. Tomato and mozzarella pita with basil
4. Courgette falafel perfumed with mint and basil hummus
5. Toasted pitas, goat cheese, honey, walnut and spinach
6. Mozzarella Di Bufala, old-style tomato, extra-virgin olive oil
7. Vegan Shawarma BBQ
8. Toasted pita, tuna cream, preserved lemon
9. Thai tuna tartar
10. Fried chicken covered in cereal crumbs



11. Smoked salmon, cream of dill and hot blinis +0.50€
12. Marinated chicken skewers
13. Very crispy fried Panko Shrimps, spicy mayo
14. Toasted pita, smoked salmon, cream cheese, dill
15. Salmon à la "plancha" +0.50€
16. Toasted pita, smoked turkey, apple, cheddar
17. Paradis taramasalata, blinis
18. Feta cheese and heirloom tomato
19. Pita with pastrami, honey mustard and melted cheddar cheese
20. Soup or gazpacho of the day



YOUR SIDE DISH

1. Chips
2. Steamed rice
3. Coleslaw
4. Plancha grilled vegetables and mushroom
5. Organic bulgur and quinoa, grilled zucchini, Kalamata olive, chickpea, edamame and mint

*The flavours of le Paradis du Paradis : smoked turkey pita, apple and cheddar; goat cream cheese pitas, honey, walnut and spinach, cream of tuna pitas, preserved lemons; marinated chicken skewers, tuna cream, goat cream cheese, salmon fillet, crispy camembert, tarama and smoked salmon toasts, blinis, chips & coleslaw.



Welcome Paradis !

TOASTED PITAS 6.90€
TO CHOOSE

- Tuna cream, preserved lemon
- Smoked turkey, apple, melted cheddar
- Smoked salmon, cream cheese, dill
- Goat cream, honey, walnut and spinach
- Tomato and mozzarella with basil
- Pastrami, honey mustard and melted cheddar cheese

PLANCHE DE 3 PITAS 18.00€

Choose 3 pitas and share them (or not!)

SOUPE OU GASPACHO DU MOMENT 12.90€

Served with condiments

+ Tomato and mozzarella pita with basil

AVOCADO TOAST

Cereal bread toast, smashed avocado and mesclun salad

TO CHOOSE

- Mozzarella Di Bufala **12.50€**
- Thai tuna tartar **13.90€**



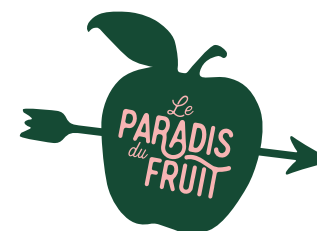
Street Paradis

FALAFEL EN FÊTE 14.80€

Pita, basil hummus, mint and zucchini falafel, chite cabbage, tomato, cucumber, grilled zucchini, Mediterranean salad, harissa and tahini

FISH & CHIPS 14.90€

Crispy cod, chips, mix of salad, tartar sauce



BURGGIE'S® COMME UN BURGER 14.90€

Turmeric bread, spinach salad, basil hummus and fries

AU CHOIX

- Salmon plancha, dill mustard
- Fried chicken covered in cereal crumbs and spicy mayo sauce



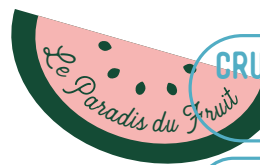
UN VRAI VEGGI'BURGER ! 16.50€

In a turmeric bread, a tasty veggie steak and tartar sauce, avocado, melted cheddar, romaine lettuce, tomato, red onions and fries

Mama Marmite

MAMA TCHAKTCHOUKA 13.50€

«Like a Ratatouille from the sun», selection of vegetables candied in virgin olive oil, egg, fresh herbs and its pita, Harissa and Tehina sauce



CRUMBLD GOAT CHEESE WITH HONEY. PUMPKIN SEEDS. CRUSHED ALMONDS AND CRANBERRY +3.50€

TUNA IN OLIVE OIL AND KALAMATA OLIVES +3.50€

MAMA CHICKEN CARRY 14.90€

Chicken, red curry, tandoori, coconut milk, red onion, mushroom, ginger-flavored vegetables, herb yogurt and steamed rice

La vie est belle en Salade

VITAMINÉ DÉTOX 11.80€

Spinach, old-style tomato, feta cheese, basil hummus, cranberry, organic apple and almonds



CAESAR AU PARADIS 13.90€

Romain salad, fried chicken covered in cereal crumbs, poached egg, Reggiano parmesan cheese shavings and croutons

BURRATA D'ENFER 13.80€

Burrata, tomato salad, crispy slice of bread with pesto



MAMA CHEF 15.20€

Mesclun salad, avocado slices with sesame, pink radish, mushroom hash, citrus dressings

TO CHOOSE

- Very crispy fried panko shrimps, spicy mayo
- Vegan Shawarma BBQ
- Thin slices of spicy pastrami
- Fried chicken covered in cereal crumbs
- Salmon filet à la "plancha"

2 PANKO SHRIMPS MORE +3.00€



Un bowl d'Énergie

RECETTE PARADISIAQUE

Baby spinach, chioggia beet, mix of organic bulgur and quinoa, grilled zucchini, Kalamata olives, chickpeas and mint, julienned carrots, edamame, avocado and fresh pineapple

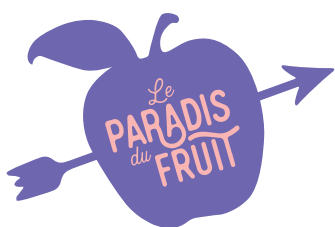
TO CHOOSE

- Courgette falafel perfumed with mint and basil hummus **14.90€**
 - Thai tuna tartar **16.20€**
- Deluxe Mer Rouge : Panko shrimps, smoked salmon, tarama, Thai tuna tartar and blinis **20.50€**





FRUIT & VEGETABLES BAR



Homemade Lemonades

(40 cl) 5,80€

- LEMON NANA**
Freshly squeezed lemon, fresh mint leaves
- ROUGE ORANGEADE**
Strawberry, orange
- GREEN ICE'T**
Green iced tea with fresh mint leaves
- ROSE PAMPLEMOUSSE**
Grapefruit, cranberry
- PASSIFLORA**
Passion fruit, lime
- GRANNY'T**
Organic granny apple, lemon

CURE DÉTOX
Pomegranate, cranberry, mix of berries

And to share
(1L) 12,80€

GREAT FOR 2
ENOUGH FOR 3...

Cocktails stars

(35 cl) 7,00€ / (45 cl) +1,50€



- VITAMINE**
Lemon, orange, grapefruit, kiwi
- ROSE PARADIS**
Strawberry, banana, orange, lemon
- JOSÉPHINE BAKER**
Passion fruit, mango, coconut
- ROUGE PARFAIT**
Raspberry, strawberry, pineapple
- VERGER PARADIS**
Organic apple, pear, peach, apricot
- YOYO CORAIL**
Banana, mango, strawberry and yolita
- AVOCADO DRINK**
Avocado, organic apple, pear
- MANGUE ÉNERGIE**
Mango, tangerine and lime
- LA PANTHÈRE ROSE**
Raspberry, litchee, pomegranate



Pressés minute

(40 cl) 6,60€
NO ADDED SUGAR

- DOUBLE FORCE**
Organic apple, pineapple, basil
- APPLE BUNNY**
Organic apple, organic carrot
- TORNADE SANTÉ**
Organic apple, cucumber, mint
- POTION MAGIQUE**
Organic carrot, pineapple, coriander
- CARO'T DETOX**
Organic carrot, orange, ginger
- GREEN ATTITUDE**
Organic apple, kiwi, mint
- SOLEIL SOLEIL !**
Orange or Grapefruit
- FORTIFIANT**
Kale, pineapple, mint
- SUPER GREEN**
Spinach, kale, organic apple, parsley
- VEGGIE DETOX**
Cucumber, kale, aloe vera, mint



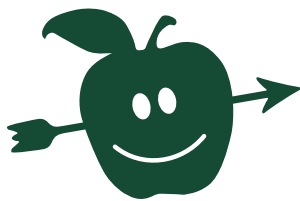
Cocktails to compose

(35 cl) 6,90€ / (45 cl) +1,50€

- YOYO**
with yolita
0% FAT
 - VEGAN**
with almond milk
LACTOSE FREE +0.60€
 - FRUIT MIX**
with your choice of fruits
 - MILK**
Milk organic
- CHOOSE 1 OR 2 FRUIT !
- | | |
|------------------|-------------------|
| 1. Abricot | 12. Mango |
| 2. Pineapple | 13. Tangerine |
| 3. Avocado | 14. Melon |
| 4. Banana | 15. Orange |
| 5. Organic Carot | 16. Grapefruit |
| 6. Coconut | 17. Passion fruit |
| 7. Strawberry | 18. Peach |
| 8. Raspberry | 19. Pear |
| 9. Pomegranate | 20. Organic Apple |
| 10. Kiwi | |
| 11. Litchee | |
- ADD FRUIT +0.60€

Pomegranate Juice

(40 cl) 6,80€



BAR & MIXOLOGY



Cocktails

(25 cl) 9,90€

Mojitos

- MOJITO ORIGINAL (27 CL) 10,20€**
Bacardi Carta Oro Rum, fresh mint, lemon, brown sugar
- MOJITO ORIGINAL FRUIT (27 CL) 11,30€**
The original Mojito with fruit of your choice : Strawberry OR Raspberry OR Mango

VIRGIN MOJITO (35 CL) 8,50€
Organic apple juice, sparkling water, fresh mint, lemon, brown sugar

VIRGIN MOJITO FRUIT (35 CL) 9,50€
The Virgin Mojito with fruit of your choice : Strawberry OR Raspberry OR Mango

Giant Margarita to Share

(75 cl) 26,00€

Tequila, lemon juice, triple dry, sugar cane :
Lime OR Pomegranate red
OR Mango OR Passion

Shot Energie

(6 cl) 3,50€

VITALITÉ
Yuzu, mint, basil

ÉMOUSTILLANT
Ginger, lemon, honey



FROZEN CLASSIC MARGARITA

Tequila, lemon juice, triple dry, sugar cane

FROZEN STRAWBERRY MARGARITA

Tequila, strawberry, triple dry, lemon juice, sugar cane

J'AI 2 AMOURS

Bacardi Carta Oro Rum, mango, passion fruit, coconut



WINE BAR

BY THE GLASS OR PITCHER



Rouge

Côtes du Rhône
Les 3 Garçons
Organic

14CL – 4.50€
25CL – 8.50€
50CL – 16.50€

Blanc

Chardonnay
Vin de Pays d'Oc IG

14CL – 3.90€
25CL – 6.90€
50CL – 12.90€

Rosé

IGP Méditerranée
"La Demoiselle Sans Gêne"
Organic

14CL – 3.90€
25CL – 7.50€
50CL – 13.90€



Prosecco martini

COUPE (12 CL) 7.50€
PISCINE (25 CL) 9.40€

Beers

(33 cl) 6,80€

LA PARISIENNE BLONDE
(Pale Ale) Bio

DESPERADOS

Water

EVIAN (33 CL) 3,80€
BADOIT GREEN/RED (33 CL) 3,80€
BADOIT GREEN/RED (75 CL) 5,40€



Pink Rosé (14 cl) 5,50€
Rosé wine flavored with pink grapefruit and sliced strawberries





DESSERTS

Desserts creations



FRAISE MELBA 6.50€

Vanilla ice cream, strawberry sorbet, fresh strawberries, red berries marmelade and whipped cream

PISTACHIO 6.50€

Pistachio ice cream, pistachio cream, chocolate fondant, chocolate sauce, whipped cream

DOUBLE CHOCO 6.20€

Chocolate ice cream, nougat cream, chocolate fondant, chocolate sauce, whipped cream

CORNET D'AMOUR TOUT FRUIT 6.90€

Cornet, chunks of fresh fruit, one flavour of ice cream
OR sorbet to choose, whipped cream

CARAMELITO 5.50€

Hot milk with Nutella, whipped cream, caramel sauce, roasted almonds and Carambar

TA-TATIN 7.90€

Caramelized apple tart, caramel sauce, whipped cream and roasted almonds

EXTRA ICE CREAM SCOOP +2.00€

CORNET D'AMOUR SURPRISE 7.30€

Nutella cornet, strawberries & bananas, ice cream
OR sorbet to choose, coconut crunch, whipped cream

NOUGATELLA 7.60€

Nougat cream and chocolate fondant, vanilla ice cream, banana, Nutella, whipped cream

FONDANT CŒUR COULANT 7.30€

GLUTEN FREE

Chocolate fondant with praline halzenut heart
OR plain chocolate, custard, whipped cream

CHEESECAKE ORIGINAL 7.80€

Served with fresh fruit and red berries coulis

SUPER BRUNCH PANCAKE 11.00€

Pancakes, strawberries and bananas, caramel, whipped cream, served with a mug of coffee

Pretty Fruit Salad 8.90€

Cut of fresh fruits and its lime zest



Ice cream cups of Paradise



APHRODITE 10.50€

Vanilla ice cream, nougat-honey ice cream, nougat cream, grilled almonds, caramel sauce, whipped cream

ÎLE PARAD'ICE 10.90€

Large fresh fruit salad, red berries coulis, 2 flavours of ice cream OR sorbet, whipped cream

YELLOW PARAD'ICE 10.90€

Strawberry sorbet, raspberry and passion fruit sorbet, fresh strawberries and mango, red berries coulis, whipped cream

BANANA SPLIT VINTAGE 10.90€

Vanilla ice cream, strawberry sorbet, chocolate ice cream, fresh banana, chocolate sauce, roasted almonds and whipped cream

BOUNTY DÉLICE 11.40€

Coconut milk ice cream, dark chocolate ice cream, coconut crunch, banana, Bounty, fresh coconut, chocolate sauce and whipped cream



Coffee or tea Gourmand 6.50€

COFFEE ESPRESSO + SWEETS

Nutella cornet, nougat cream & whipped cream
Fresh strawberries and bananas
One flavour of ice cream
OR sorbet to choose and its coconut crunch

COFFEE ESPRESSO + SWEETS

- Pineapple cubes
- Kiwi cubes
- Frozen Yolita 0% fat

Yolita to compose Frozen



LA BELLE 7.50€

LA TRÈS BELLE 9.00€

0% fat - Sugar less

EXTRA FRUIT +2.50€

CHOOSE 2 FLAVORS :

Pineapple	Kiwi
Banana	Mango
Strawberry	Müesli
Raspberry	Honey



Ice cream & Sorbets 7.20€

HOMEMADE CHOOSE 2 FLAVORS

Our ice creams are made of whole milk from La Ferme de Marguerite

ICE CREAMS

Vanilla pod from Madagascar
Guanaja dark chocolat
Sicily pistachio
Montélimar nougat & honey
Salted caramel
Guatemala macchiato coffee
Coconut with coconut milk

SORBETS

Passion fruit from Peru and raspberry
Alfonso mango from India
Senga strawberry

EXTRA FLAVOUR +2.00€

EXTRA WHIPPED CREAM +1.00€



To Share

PROFITEROLE TRÈS FOLLE 14.80€

Extra large choux pastry, vanilla ice cream, hot chocolate sauce, almonds, whipped cream

GIANT WAFFLE TO SHARE 16.90€

GREAT FOR 2 OR 3

TO CHOOSE

- Hot chocolate sauce, strawberry chunks, whipped cream
- Caramel, banana slices, whipped cream

EXTRA SORBET OR ICE CREAM +2.00€

FONDUE DE FRUITS TRÈS CHOCOLAT 28.00€

GREAT FOR 2 ENOUGH FOR 3

Fresh fruit, waffles and marshmallow to dip in a dark chocolate sauce
whipped cream



Tea

OH MY TEA ORGANIC :

EARL GREAT 4.40€

Black tea with bergamote

JOHN LEMON 4.40€

Green tea, lime, mint

MAROC'N ROLL 4.40€

Green tea, moroccan mint

GREEN TEA OF PARADIS 5.40€

With fresh mint

Herbal Tea

OH MY TEA ORGANIC :

BEFORE LE MAILLOT DE BAIN 4.40€

Detox ginger grapefruit

BEFORE AFTER SPORT 4.40€

Pomegranate, strawberry, tangerine

BEFORE UN RDV AVEC MON BOSS 4.40€

Mango, lemon



Coffee

ESPRESSO, DECAF 2.40€

CAPPUCCINO, VIENNESE COFFEE 4.30€

AMERICANO (MUG) 3.10€

HOT CHOCOLATE 5.80€

